

LIFE IS NOT A PROBLEM TO BE SOLVED, BUT A REALITY TO BE EXPERIENCED – SOREN KIERKEGAARD

Marjorie
Mann



We extend our deepest gratitude to Sophie Firth for recommending *Little Things for Tiny Tots*, a remarkable organization that we are thrilled to now partner with. This collaboration aligns with our ongoing commitment to supporting both our immediate and wider community.

About Little Things for Tiny Tots

This incredible charity provides essential baby items to families in need across Western Australia. Sadly, many of these families, particularly those in regional areas, face barriers to accessing these critical supplies due to their distance from existing social service organizations, most of which are located in metropolitan Perth.

To bridge this gap, we are excited to announce a new initiative: **Going Remote!** Through this partnership, *Connecting Communities* will collect both pre-loved and new essential baby items generously donated by the Perth community. These items will then be recycled and gifted to regional families who are at-risk or need support.

By ensuring basic needs are met, this initiative empowers caregivers with additional resources for living expenses, freeing up precious time and energy for what truly matters—connecting and playing with their baby.

We are eagerly awaiting the arrival of our collection box, and once it's here, we know that you—our amazing families and supportive community—will quickly fill the containers with kindness and generosity.

To help guide your contributions, a list of acceptable donations will be conveniently placed near the collection point.



NATIONAL SIMULTANEOUS STORYTIME – MAY 21

Every year a picture book, written and illustrated by an Australian author and illustrator, is read simultaneously in libraries, schools, pre-schools, childcare centres, family homes, bookshops and many other places around the country.

In 2025, the chosen book for National Simultaneous Storytime is *The Truck Cat* by Deborah Frenkel, illustrated by Danny Snell. This heartwarming story follows a truck-driving cat and his human as they navigate themes of immigration, identity, and the search for home. [Find out more here](#)

NATIONAL FAMILIES' WEEK – MAY 12 - 18

National Families Week is Australia's annual celebration of families. The aim of National Families Week is to celebrate the vital role that families play in Australian society. This week celebrate with your family, make contact with your extended family and friends, and share in the enjoyment of family activities within the wider community. The theme of the National Families Week 2025 is **Lending a hand to thrive: supporting each other**. [Find out more here](#).

What is our RAP (Reconciliation Action Plan) Focus for Term 2?

- Experience Noongar language relevant to each room's interest/project
- Support all educators to feel comfortable to try using the Noongar language
- Kindy 1 children to join other rooms to share their Noongar language songs
- Use Meeting Time symbol so children know what they symbol is



What is our Sustainability Focus for Term 2?

- Engage children in gardening projects that support the Children's Council and sustainability action plan goals, focusing on growing our own food and promoting a "garden to plate" approach.
- Help children and Educators understand the importance of caring for resources by considering their usage, the materials they are made from, and protecting them from the elements, like rain, to ensure they last longer.
- Support children and educators in effective waste management by using the correct bins and conducting waste audits with the children's council to promote recycling and reduce waste.

CORN AND ZUCCHINI FRITTERS

TOTAL TIME 30 min | MAKES 25



INGREDIENTS

- 1 1/2 cups (180 grams) spelt flour (or plain wholemeal flour)
- 1 1/2 teaspoons baking powder
- 1/2 teaspoon bicarb soda
- pinch of salt and pepper
- 2 eggs
- 1 cup (250 ml) milk
- 1/2 cup (60 grams) tasty cheese, grated
- 1/2 cup (75 grams) parmesan cheese, grated
- 1/2 cup chopped fresh herbs (we used dill, mint and basil)]
- 3 cups (375 grams) corn kernels
- 1 cup (150 grams) grated zucchini (approx. 2 zucchinis)

METHOD:

1. Place the flour, baking powder, bicarb soda, salt and pepper into a large bowl and whisk to combine creating a well in the centre. Add the eggs and milk and whisk to create a smooth batter. Add the tasty cheese, parmesan, herbs, corn and zucchini and whisk to combine.
2. Heat a large fry pan over low-medium heat and add a drizzle of olive oil to grease. Ladle 1/4 cup measurements of the batter onto the fry pan. Cook for 2-3 minutes or until bubbles begin to appear on the surface of the fritter and the edges begin to set. Carefully flip the fritters and cook for another 2-3 minutes. Or until the fritters are golden and bounce back to touch.
3. Place the cooked fritters onto a plate lined with kitchen paper and continue frying until no batter remains.
4. Serve the fritters warm or cold. Freezer friendly.

Recipe and image from mylovelylittlelunchbox.com.

Hi Marjorie Mann Families

Every Tuesday morning at 9.45 am, a magical event takes place in the centre – our weekly yoga play classes!

In the class we learn to be creative with our bodies, stretch and dance, do incredible yoga poses, be resilient, be calm (at times) and above all have fun!

I present the classes in a collaborative and interactive way, use a variety of props and with a multitude of themes, set to beautiful music.

Your little ones are invited to join in each week for a small fee of \$10 for a 45 minute session and the first class is free.

We have so much fun each week, so I am looking forward to meeting some new little yogis!

Warmest regards
Marionne Harding
Ups & Downs Yoga

Zenergy Yoga Istructor (Advanced)
Rainbow Kids Yoga Instructor
Dip. Counseling (Child Dev)



HEALTH Section: Dummies: Helping children let go

Children can become very attached to their dummies. Touching and sucking on a dummy can comfort and soothe them. And dummies can also help young children manage everyday stress and soothe themselves when you're not around.

But there are disadvantages to dummies. For example, your child might be waking a lot at night when they lose the dummy. Also, dummy use, especially beyond about 4-5 years of age, increases the chance of dental problems later in childhood – for example, the problem of children's teeth growing out of line. And dummy use is linked to slightly higher rates of [middle ear infections](#).

Sometimes children decide to give up their dummies by themselves. Most often, parents are the ones who decide it's time to give it up. As a parent, you know your child best. You're the best one to decide whether your child is ready to move on from the dummy. Try not to feel rushed or pressured by the reactions of family, other children or even strangers.

Your child probably won't find it easy to part with the dummy. So if you feel it's time for the dummy to go, a gradual approach is the fairest and easiest.

Here are things you can do before you begin to reduce your child's dummy use:

- Remind yourself that sucking a dummy never becomes a lifelong habit. Many children will stop using a dummy by themselves.
- Choose your timing. A period of change or stress for you or your child might not be a good time to give up.
- Talk to your child about giving up the dummy, if your child is old enough to understand.

When you and your child are ready to begin, try these ideas:

- Try using the dummy for comforting less often during the day. You can do this by putting the dummy away in a special spot and then getting it out only as part of the sleep routine. This will help things go faster.
- Limit dummy use to certain times and places – for example, the car or cot. This gives your child a chance to get used to being without the dummy.
- Gradually use the dummy less and less when re-settling your child during the night. For example, give the dummy to your child every second time they cry in the night on the second day, then every third time on the third day, and so on.

Once your child is coping for longer periods without the dummy, set a time and date – then take away the dummy. These ideas might help:

- Mark the occasion of becoming dummy free with a celebration or special reward.
- Try not to turn back. No matter how well you've prepared your child for this change, expect some discomfort and protest.

It might be easier and more fun to help your child give the dummy away. For example, you could suggest hanging it on the tree for fairies to give to other babies who don't have a dummy. Or putting it in the bird feeder for the baby birds. This way, if your child asks for it back, you can tell your child you don't have it anymore. Just remember to throw away all the dummies. You don't want your child to find the dummy you said you were giving to the baby birds!

Upcoming for the Educators:

Term 2 Commences (Curriculum)
Food Allergy Training 12th-16th
Team Leader Meeting 15th
Lockdown & Fire Drills
Indigenous Perspectives Training
21st

Upcoming for Children and Families:

Mother's Day 11th
Food Allergy Week 12th – 16th
International Day of Families 15th
Sorry Day 26th
Reconciliation Week 27th- 3rd



Building Their Self-Confidence and Self-Esteem

Our efforts to get excited with them when they show us something they're proud of can help them see the value of their work. Respecting what they're doing and not feeling we have to change it to our own sensibilities can help foster their continued creativity and excitement about their lives. Giving children the gift of positive energy can do wonders toward helping them develop self-confidence and self-esteem and preserving their sense of wonder in the world.



Read the article via the QR code.

Source: *Hagan, Ekua.* (2023). Keeping Your Kids' Creativity Alive. Retrieved from psychologytoday.com/au



We are happy Susan and Eloise have returned and look forward to hearing all about the study tour.

Feedback 
is always welcome

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